Your Tulane Dining Team

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DINING BY THE NUMBERS

- 2 residential dining halls (the Dining Room at the Commons and Green Wave Grille)
- 9 food court units
- 4 coffee shops
- 1 market (Provisions on the Thirtieth Parallel)
- 3 food trucks and 2 tuk-tuks
- 2 stand-alone locations (Le Gourmet and Drawing Board Café)
OUR DINING HALLS

- Tulane Dining has two residential dining halls: The Dining Room at the Commons and Green Wave Grille
- Daily menus are posted online
- The Dining Room at the Commons has two floors of dining and includes ten stations
DINING ROOM AT THE COMMONS

Stations:
- Carved - Offers regional and international menus
- Crafted - House-made smoothies and sandwiches
- Garden - Build-your-own salads
- Grilled - Flattop and grill options including pancakes, French toast, grilled chicken, and burgers
- Hearth - Classic breakfast options and comfort options
- Simmered - Oatmeal, grits, soups
- Dessert - Variety of sweets
- Refreshed - State-of-the-art draft beverages
- Simplified - Allergen-friendly fare
- Chef’s Table - Rotating menu of specials
- Al Dente - Build-your-own pastas
- Sliced - Variety of specialty pizzas
The LBC Food Court has nine units:

- Al Fuego: Build-your-own tacos, bowls, and burritos
- Pickles: Deli sandwiches
- Freshens: Smoothies, salads, and more
- Star Ginger: Chinese and Vietnamese dishes
- Zatarain’s: New Orleans classics
- Wall of Greens: Build-your-own salads
- AFC Sushi: Sushi rolls and bowls
- WOW: Wings, salads, and burgers
- Brand new concept to come!
PJ’s Coffee and Tea

- There are four PJ’s Coffee and Tea locations on campus:
  - Percival Stern Hall
  - Willow Street
  - Howie-Tilton Memorial Library
  - Goldring/Woldenberg Business Complex
PROVISIONS ON THE THIRTIETH PARALLEL

Provisions is the market on campus that sells a wide variety of snacks, beverages, personal care items, and basic necessities.

Provisions is located on the first floor of the Commons on the Freret street side.
MOBILE DINING

Tulane Dining has three food trucks:

- Global Mobile: Rotating global cuisine
- Roulez: Breakfast items, wraps and sandwiches
- Bowlful: Plant-based bowls

And two tuk-tuks:

- The Currier: Indian curry bowls
- Healthy TU: Salads, wraps, and bowls
LE GOURMET AND DRAWING BOARD CAFÉ

▶ Le Gourmet featuring Rollin’ n Bowlin’ serves smoothies, smoothie bowls, and toasts
▶ Le Gourmet is located on the first floor of Mayer Residence Hall
▶ Drawing Board Café is located in Richardson Memorial Hall and serves a rotating menu of New Orleans fare, sandwiches, and more
Rimon is a kosher, farm-to-table restaurant that accepts our kosher dining plan meal swipes and dining dollars.

Rimon is located in the Mintz Center dining room of Tulane Hillel, at 912 Broadway St.
KELSEY’S KORNER

- Campus Dietitian, Kelsey Rosenbaum holds monthly events to engage with students
- Topics include healthy eating on campus, healthy snacks, vegan and vegetarian snacks, and nutrition trivia
SIMPLIFIED AND MY ZONE

- Simplified is located in the Dining Room at the Commons and provides safe and delicious food for customers with food allergies, intolerances, or other special dietary needs.
- Simply prepared proteins, vegetables, and carbohydrates made without milk, wheat, soy, peanuts, tree nuts, shellfish, eggs, or gluten.
- Separate equipment, utensils, storage areas, and preparation areas minimize the risk of cross-contact.
- My Zone is a self-service pantry in the Dining Room at the Commons where peanut-free, tree nut free, and gluten free food items are housed with precautions against cross-contamination.
- To find out how to apply for My Zone access please visit diningservices.tulane.edu/explore/my_zone-access.
LOCATE A HEALTHIER CHOICE!

Look for these icons to help you identify menu items that meet your needs.

MINDFUL Locate a healthier choice! All Mindful offerings meet stringent nutritional criteria based on the Dietary Guidelines for Americans. Each Mindful item is limited in calories, has fewer than 30% of calories from fat, fewer than 10% of calories from saturated fat, and is restricted in sodium and cholesterol.

VEGETARIAN OFFERINGS Menu items with the vegetarian icon contain no meat, fish or poultry, or any meat products such as soup base. Our vegetarian offerings meet the needs of lacto-ovo vegetarians and may include eggs and/or dairy products.

VEGAN OFFERINGS Vegan offerings contain no meat, fish, eggs, milk or other animal-derived products such as honey.
FARMERS MARKETS

- Tulane Dining holds bi-monthly markets with our produce provider, Gulf Coast Produce.
- Gulf Coast provides us with a huge variety of seasonal produce as well as locally-sourced items
- The market is located at the corner of McAlister Drive and Freret Street
FARMERS MARKETS

- Offerings include:
  - Homemade breads, bagels, and cookies
  - A vast array of produce including items from local farms
  - Local honey
  - Free reusable bag with purchase
  - Fruit and vegetables chopped upon request
  - Student tender (Splash Cash and Wavebuck$) accepted as payment as well and cash and credit
DINING EVENTS

- Cram the Commons is a late-night finals kick-off party. Students stop by the dining hall for a themed event with fun menus, dancing, décor and giveaways.
- Drag Brunches are held several times a semester and feature festive menus, fun mocktails and raffle prizes!
- National food holidays and themed holiday menus
- Guest chefs at our Chef’s Table in the Dining Room at the Commons
From left to right: Moment of Joy giveaway with Newcomb College, Valentine’s Day bake sale, Moment of Joy Coke giveaway, and National Café Au Lait Day
**DINING PLAN OPTIONS**

**Unlimited**
- Meals: Unlimited/semester
- Wavebuck$: $250 or more
- NOLAbuck$: $25 or more
- Extra Meals: optional
- Quick Picks: optional

**TU 15**
- Meals: 15/week
- Wavebuck$: $400 or more
- NOLAbuck$: $25 or more
- Extra Meals: 10/semester
- Quick Picks: optional

**Kosher**
- Kosher Meals: 10/week at Rimon at Tulane Hillel
- Wavebuck$: $400 or more
- NOLAbuck$: optional
- Extra Meals: optional
- Quick Picks: optional

For more information please visit: [diningservices.tulane.edu](http://diningservices.tulane.edu)

- Wavebuck$ can be added in increments of $100 up to $1000.
- NOLAbuck$ can be added in increments of $25 up to $500.
- Students are not required to add extra meals, but minimum purchase is $100 for 10 meals.
- Students are not required to add Quick Picks, but minimum purchase is $100 for 10 meals.
MOBILE DINING

- Mobile dining is available though the Grubhub app!
- There are 8 delivery zones across campus, as well as a pick-up zone in the LBC Food Court
- Students may use their Wavebuck$ and meal swipes (at select locations) as payment
KEEP IN TOUCH

- Follow us on our social media channels to keep up-to-date with dining!
- Sign up for Parent Dining Newsletter under the “Feedback From Parents” link on our website: diningservices.tulane.edu

@TulaneDining
Any final dining questions for us?